

Building the Kildare Hurling Pathway



GAA Player Pathway



- Play to Learn

Child 5 - 12

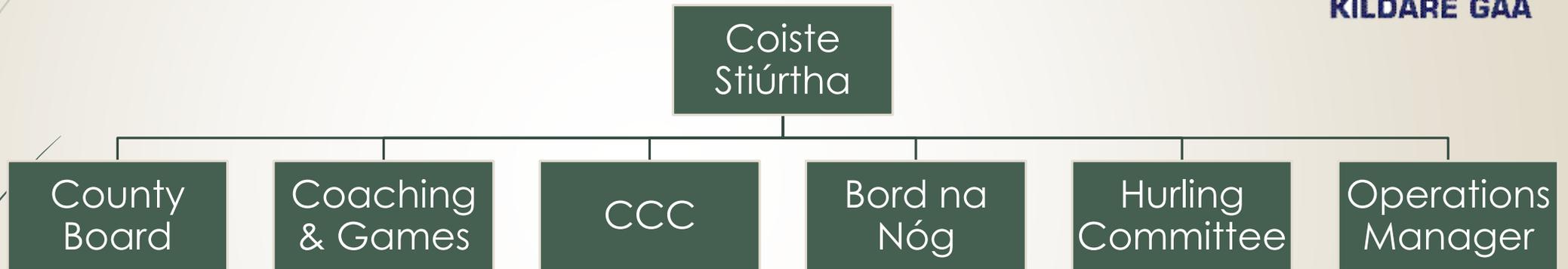
- Learn to Compete

Youth 13 - 17

- Compete to Excel

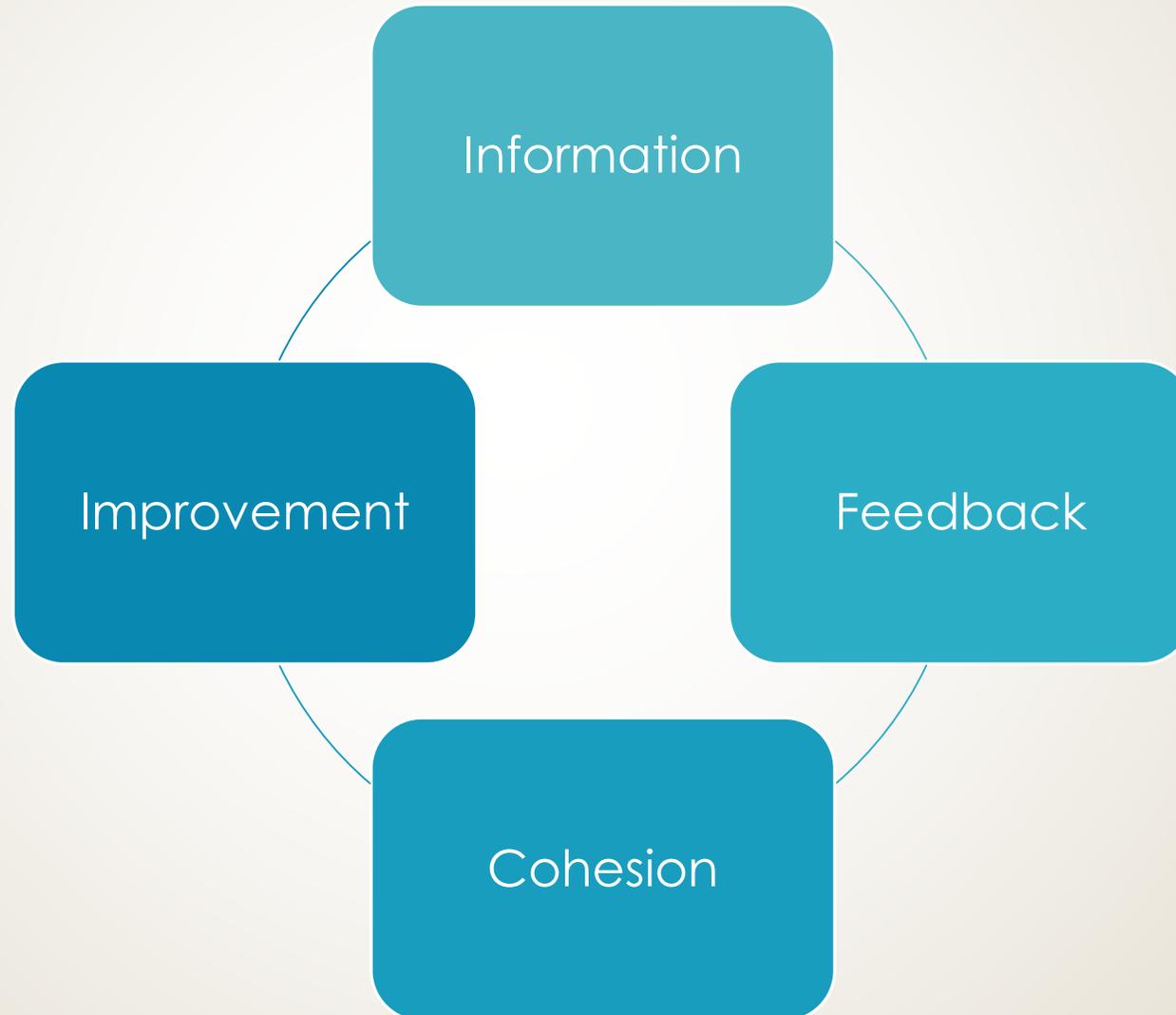
Adult 18+

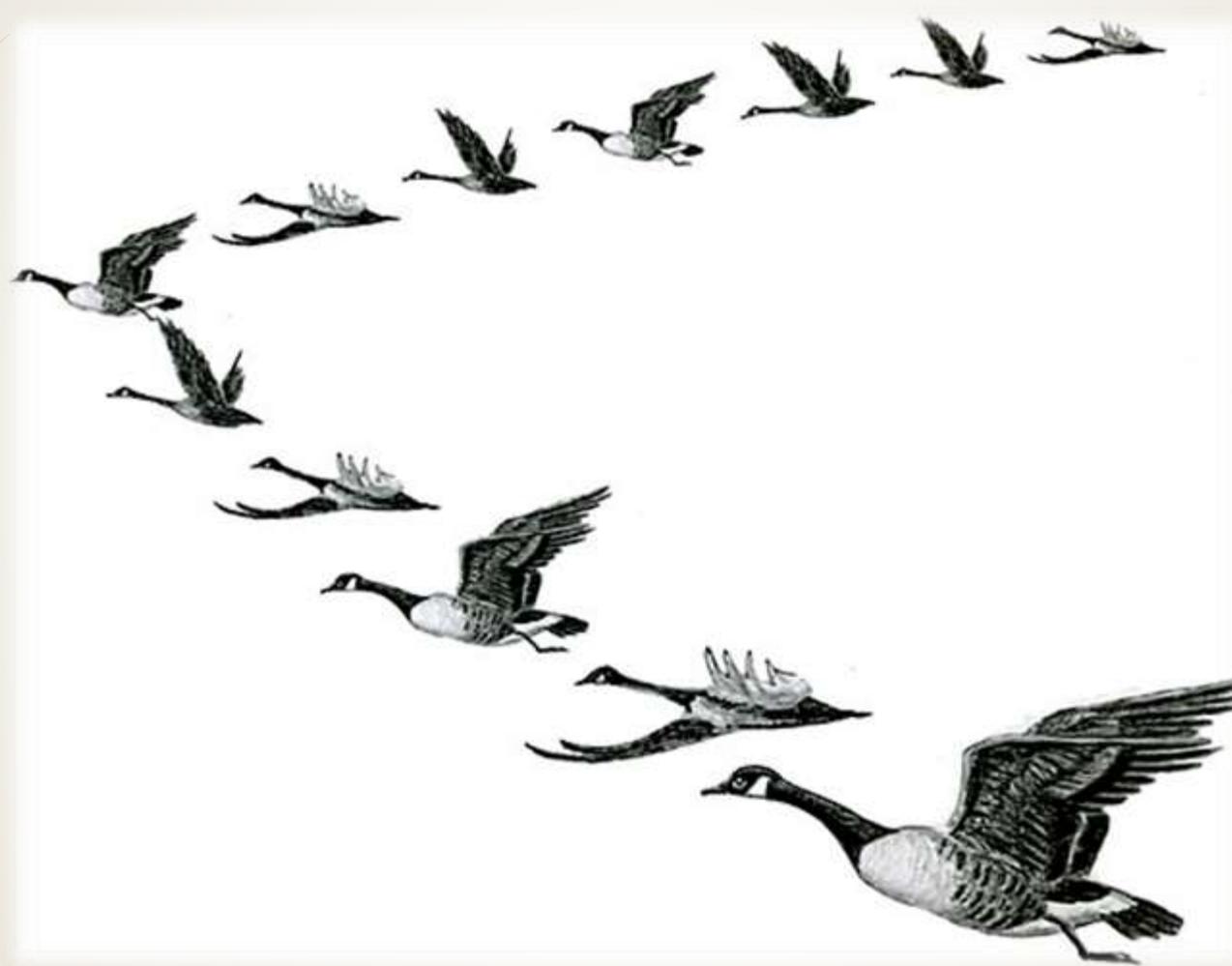
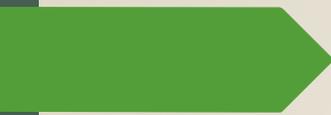
Coiste Stiúrtha: Steering Committee



- Meets four times per year

Purpose of Presentations/Workshops





Clár

- Fáilte - Ger Donnelly, Cathaoirleach, Kildare Co. Board
- Purpose/Agenda - Paudie O'Neill, Cathaoirleach, HDC
- 'The Child Pathway' - Noel Mooney, Games Manager
- 'The Youth Pathway' - Paul Divilly, GDA
- 'The Adult Pathway' - Leonie Delaney, Hurling PRO
- Next Steps - Paudie O'Neill





Cill Dara
KILDARE GAA



Child
Play to Learn



Philosophy

The Player Pathway

Compete to Win

Learn to Compete

Play to Learn



Stage	Child			Youth			Adult		
Age Group	Age 4 - 11			Age 12 - 17			Age 18 +		
Phase	Nursery	Early Go Games	Late Go Games	Early Teenage	Mid Teenage	Late Teenage	Early Adult	Adult	Retirement/ Retainment
Specific Age	4-6 Years	7-9 Years	10-11 Years	12-13 Years	14-15 Years	16-17 Years	18-21 Years	22+ Years	Becoming a Coach/ Officer/ Referee



Child Play to Learn



- Nursery
- Fundamental Movement Skills (ABC's)
- Coaching sessions
- Go GAMES (Internal/ External)
- Kellogs Cúl Camps

Club



School

- Cumann na mBunscoil
- Club school / Coaching
- Fundamental Movement Skills (ABC's)
- Skills tests



County

Live
the
Dream

Kildare GAA Under Age Spring Hurling Fixtures 2017



Age Group	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12
Number of team entries	27	34	27	26	16	24
League Structure	1 groups of 8, 1 of 7, 2 of 6	2 Groups of 8 & 3 of 6	2 Groups of 8 & 1 of 6 & 1 of 5	2 Groups of 8 & 1 of 7	2 Groups of 8	1 Group of 10, 1 of 8 and 1 of 6
Total No of Matches Scheduled	91	91	91	77	56	111
Timing of Matches	Sundays 10am	Sundays 10am	Sundays 11am	Sundays 11am	Sundays 12pm	Fridays 7pm

Games



- Kildare Spring / Autumn Fixtures
- Challenge Games
- Tournaments
- Internal Street Leagues



Coach

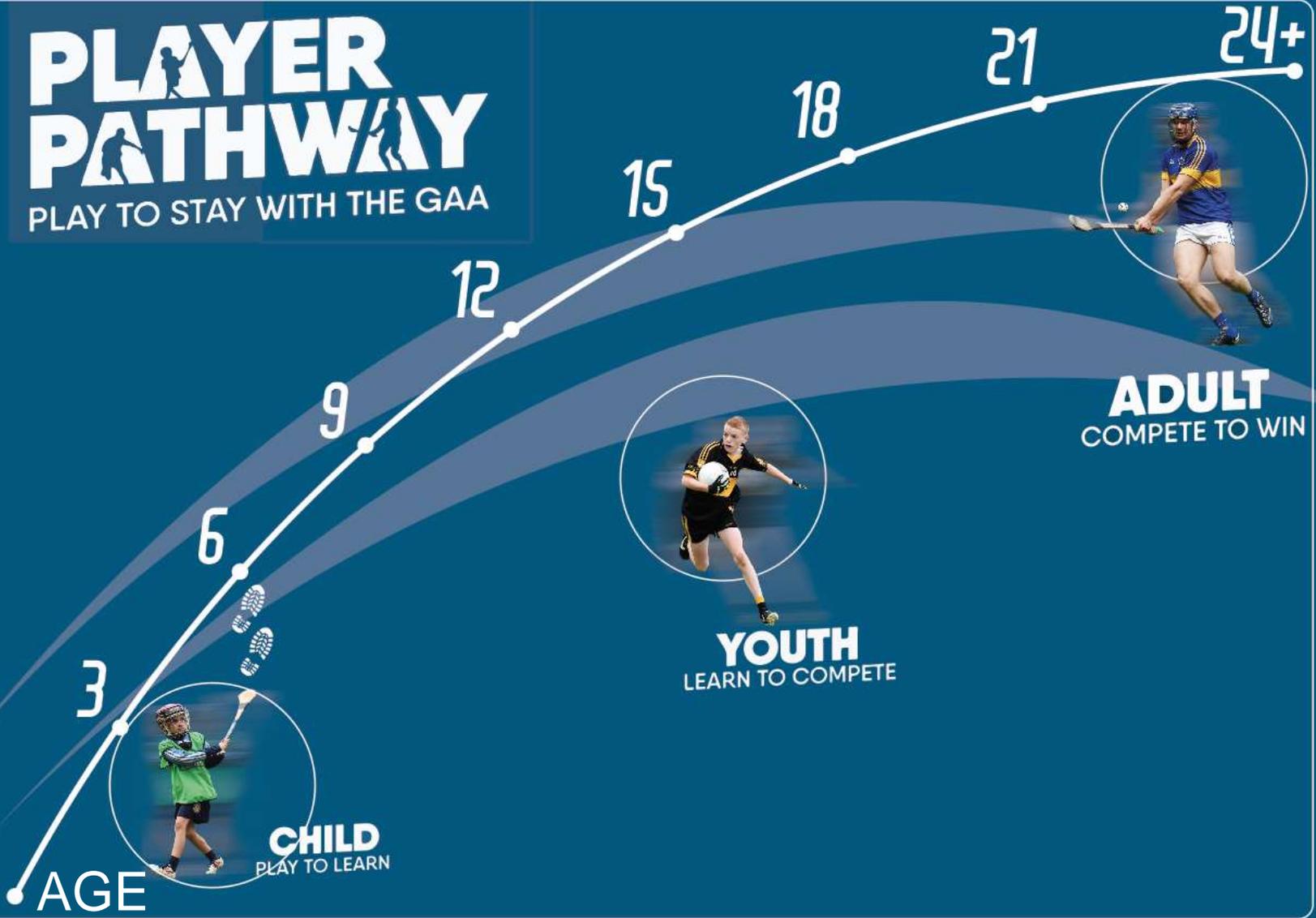
- Coach Education
- Workshops
- Player Pathway
- Coach 10
- GAA Activity Planner for Hurling
- Injury Prevention/Warm Up Programme

<http://learning.gaa.ie>



PLAYER PATHWAY

PLAY TO STAY WITH THE GAA



3



CHILD
PLAY TO LEARN

6

6-9

9

12

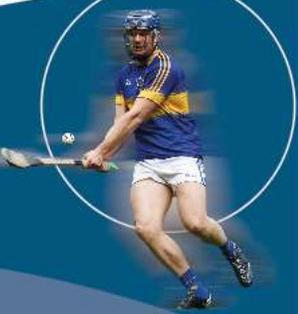
15



YOUTH
LEARN TO COMPETE

18

21



ADULT
COMPETE TO WIN

24+

AGE

THE GAA

PLAYER PATHWAY

PLAY TO STAY WITH THE GAA



AGE 10-11 FOOTBALL SAMPLE SESSION

PLAYER PATHWAY

PLAY TO STAY WITH THE GAA

GAMES BASED COACHING

WARM UP ACTIVITY



ORGANISATION

- Divide the group into two teams
- Divide the area into four quadrants
- Using 2 balls per team, keep possession by kicking the ball to one another
- Progression 1 - Players must pass to player in a different quadrant
- Progression 2 - Players must run to another quadrant after a pass
- Progression 3 - Two balls can never be in the same quadrant

KEY PRINCIPLES

- Primarily used a palm raiser
- Each player to get a high number of touches on the ball
- Encourage support play through communication and off the ball runs
- Ask players questions about their decisions as warm up is a relaxed environment

GAMES BASED ACTIVITY



ORGANISATION

- Attackers line up in pairs on an inline cone
- Defenders line up on an outside cone
- Attackers round cone directly opposite them & try to score
- Defenders must touch either pod before coming out to defend

KEY PRINCIPLES

- After warm up maintain the fun emphasis through game based activity
- Ensure skill is practised on left and right
- Design the activity for multiple possessions for each player
- Stop the activity every 2mins to re set and maintain organisation

INTERVENTION [FIN THE SKILL]



ORGANISATION

- Players work in groups of 4
- Play/Rest ratio is 1:1
- Player takes the ball at one end of the channel and tries to carry it down to the opposite end.
- Tackler tries to halt his progression.
- Player in possession continues up and down channel for 45 seconds

KEY PRINCIPLES

- After the Games Based Activity select a skill that needs improvement
- Set up activity so that players get high volume of ball contacts
- Use trigger words to help the players focus on a key aspect of the skill
- Use basic scoring systems to set targets for the players e.g. Relay race

GAME



ORGANISATION

- Balls are placed in all of the coloured corners of the playing area
- Coach calls a colour & attacking players take a ball from this square unopposed
- Defending players try to dispossess and bring ball out of playing area.
- Once play goes dead, coach calls a new colour and game resumes.

KEY PRINCIPLES

- Complete the main part of session with a Game
- Coach to move around the pitch in order to communicate with all players
- Use skill points to focus on development of certain skills e.g. Point for high catch
- Stop game when needed to re organise and deliver coaching points



PLAYER PATHWAY

PLAY TO STAY WITH THE GAA

GAA ACTIVITY PLANNER

The screenshot displays the GAA Activity Planner web application. At the top, the GAA logo and 'Activity Planner' title are visible, along with navigation links for Home, My account, Log out, and Sessions. A 'Coach' button is highlighted, and tabs for Hurling, Football, Handball, and Rounders are present. The main content area is titled 'Select an Activity' and is currently filtered for 'HURLING'. It features a grid of activity thumbnails, each with an icon and a 'View Activity' button. The thumbnails include:

- Conditioned Game: Chest Catch - Captain Ball
- Conditioned Game: Hook - Skill Point Game
- Practica Play: Hook - Catch Me if You Can
- Fun Routine: Chest Catch - Keep Ball
- Fun Routine: Chest Catch - Beat the Circle
- Intermediate Drill: Chest Catch - Move to Catch
- Intermediate Drill: Hurl - Chase & Hook I
- Intermediate Drill: Hurl - Chase & Hook II

On the left side of the interface, there are filter sections:

- Age / Grade** (clear filters):
 - 4-6 Years
 - 7-9 Years
 - 10-11 Years
 - 12-13 Years
- Skill Type (Strand)** (clear filters):
 - Fundamental Movement Skills
 - Gaining Possession
 - Releasing Possession
 - Contesting Possession
- Activity Type** (clear filters):

ADD VARIETY TO YOUR SESSION



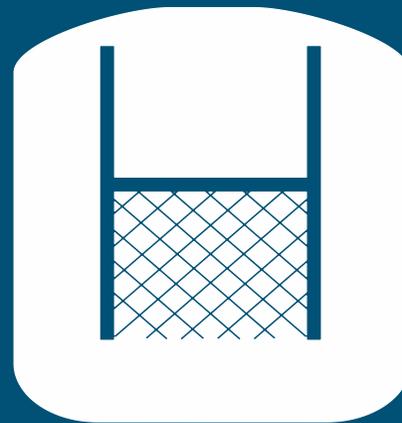
DEVELOP
COACHES



DEVELOP
PLAYERS



RETAIN
PLAYERS



BETTER CLUB

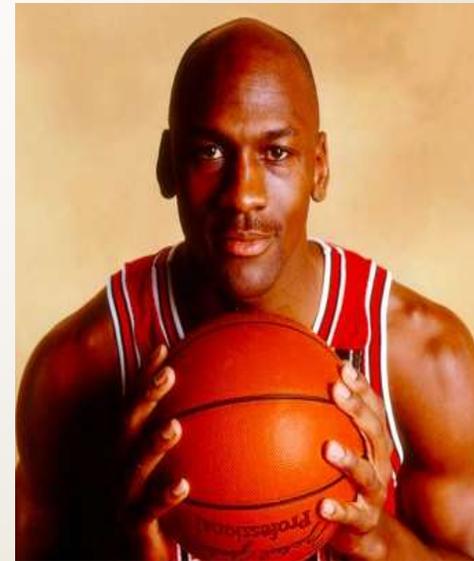
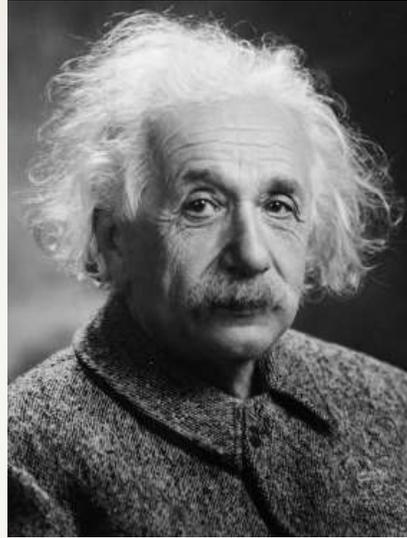


Club Feedback

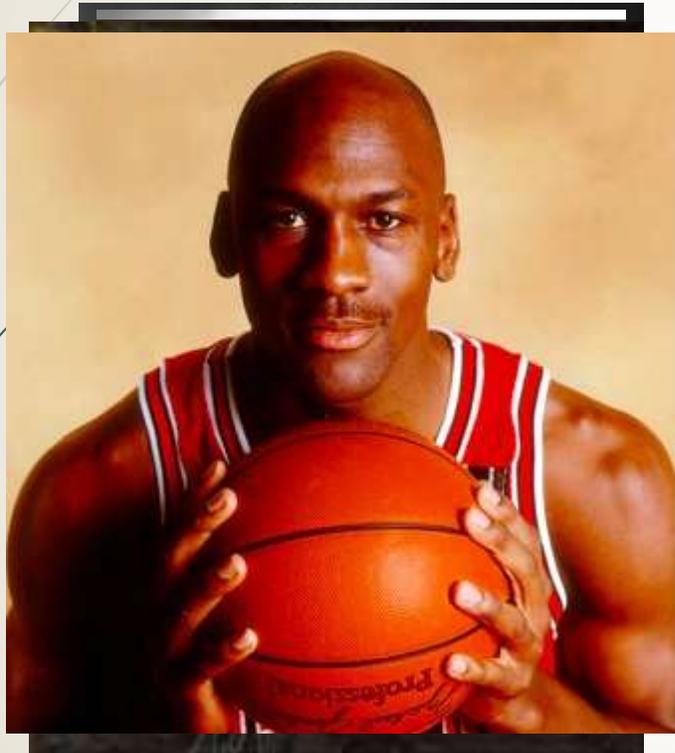
- Something that you see is working well within our current structures?
- Something that you feel is not working?
- Something that you would like to change/improve?



Developmental?



Developmental?



Einstein
Beethoven
Michael Jordan
William Faulkner

Described by his teacher as
"A hopeless composer" – his music
"Academically was like that of a
teacher's only, an exceptional student"
childhood coach

Did not speak until he was 4 years of
age.



Youth
Learn to Compete

Age	Stage	Activity
12-13 Years Old	Early Teenage	Cumann na mBunscol
		Post Primary Juvenile Hurling
		County Games Programme
		Cross County Games Programme
		Lily Óg Programme
		Club Coaching

14 – 15 Years Old	Mid Teenage	Post Primary Juvenile / Junior Hurling
		County Games Programme
		Cross County Games Programme
		County Talent Academies
		Club Coaching

16 – 17 Years Old	Late Teenage	Post Primary Junior / Senior Hurling
		County Games Programme
		County Talent Academies
		Club Coaching

Club Games

Age	Kildare League	Kildare Championship	Cross County
u13		N/A	18 th Feb – 26 th Mar 7 Teams
u14	U14 ½ 26 th May – 30 th Jun Div 1 – 7 Teams Div 2 – 10 Teams (2 groups)	12 th Mar – 23 rd Apr Div 1 – 5 Teams Div 2 – 4 Teams Div 3 – 8 Teams	N/A
u15	???	N/A	18 th Feb – 26 th Mar 8 Teams
u16	29 th Mar – 7 th May Div 1 – 6 Teams Div 2 – 5 Teams	???	N/A
u17	N/A	N/A	N/A

Fixture Review Committee



- Committee currently reviewing the games programme in Kildare GAA.
- All key stakeholders represented on the committee.
 - CCC, Bord na nÓg, North & South Board, Kildare Coaching & Games, Cumann na mBunscol, Post Primary
- Aim to provide players with an appropriate games programme that will give opportunity to games throughout the year.

Post Primary Schools Hurling

Age	Leinster	North Leinster	South Leinster	Dublin
Juvenile (u14 ½)	Div A - Kildare Schools Team		Div B - Naas CBS Div C - Scoil Mhuire, Clane Div C1 - Scoil Dara, Kilcock - Patricians, Newbridge	Div C - Maynooth PP - Salesians College Div D - Colaiste Chiarain - Confey College
Junior (u16 ½)		Div B - Naas CBS Div C - Scoil Mhuire, Clane	Div C1 - Gaelcholaiste, Cill Dara - St Farnans, Prosperous	Div C - Maynooth PP - Salesians College Div D - Colaiste Chiarain - Confey College
Senior (u18 ½)	Div B - Naas CBS	Div C - Scoil Mhuire, Clane	Div C1 - St Farnans, Prosperous	Div C - Maynooth PP - Salesians College - Colaiste Chiarain Div C1 - Confey College

Post Primary Schools Hurling



► Challenges

- Teacher Volunteers
- Travel Costs
- Games during school time

► Positives

- Kildare Schools Team competing in Leinster Juvenile A.
 - Additional Junior Team entered into 2017/2018 competitions.
 - Aim to have a Kildare Schools Senior Team for 2018/2019 competitions.
- Secondary School Coach Support Programme.
 - Kildare GAA offers funded coaching support to all Secondary Schools.
 - School identifies what support is required.
 - Top quality coaches involved.

Lily Óg Programme

- u12 & u13 age groups
- Clubs nominate players to the programme
- 4 Regional Hurling Schools per age
- Approx 100 players per age (200 players total)
- Regional schools train together
- Super Touch Blitzes & GDA coaching sessions
- U13s play other counties.
- Create ambition to play with the Talent Academy.
- Create relationships with potential Talent Academy Coaches.



Talent Academy Programme



- U14 – u16 age groups.
- Compete against tier 1 counties.
- Expose as many players as possible to the Talent Academy Programme.
 - U14 – 72 players
 - U15 – 48 players
 - U16 – 48 players
- Talent Academy Coach Development Programme.
- GDA Mentors
- Total Player Performance
 - Technical, Tactical, Team Play, Physical, Psychological.

Coach

- Coach Education
 - Foundation
 - Award 1 (Regional / Club Based)
 - Award 2
 - Workshops
 - Leinster GAA Resistance Training Course
 - GAA 15 Workshop
 - Kildare Hurling Roadshow
 - Coach Resources
- GDA Support
- Talent Academy Coaches



Club Feedback

- Something that you see is working well within our current structures?
- Something that you feel is not working?
- Something that you would like to change/improve?



Values of the GAA



Community
Identity

Amateur
Status

Inclusiveness

Respect

Player
Welfare

Teamwork



Adult
Compete to Win



Club Minor 2017

- Minor League - 2 Divisions with 8 teams.

- Div 1

- Celbridge

- Éire Óg Corrachoill

- Killardfey

- Naas

- Div 2

- Broadford

- Coill Dubh

- Naomh Dara

- Naomh Conleth's

- 3 out of the 8 teams were amalgamations (Naomh Dara, Naomh Conleth's, Killardfey)

- 3 official walkovers given in the competition.



Club Minor 2017

- Division 1 winners – Naas
- Division 2 winners – Naomh Dara.

- Possible Aims for Championship
 - Retain Current teams with their grading.
 - Try to incorporate more players from clubs that are not currently represented.
 - No walkovers!

County Minor, 2017





County Minor, 2017

- ▶ Winners of the Leinster Minor Hurling League, beating Dublin in the final, Carlow in the semi final and Offaly in the group stages.
- ▶ Leinster Championship.
 - ▶ Defeated Carlow in Round 1
 - ▶ Lost to Offaly in Round 2.
- ▶ Because they progressed to the second round they cannot play in the All Ireland B Championship.

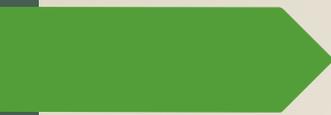
County Under 21, 2017





Club Under 21, 2016

- Championship divided in to A and B with 4 teams in each.
 - One withdrawal from the B championship. (St. Brendan's)
 - Winners
 - A – Naas, B – Éire Óg Corrachoill



Club Under 21, 2017



Possible aims

-  No grading. (Minimum number of 8 teams)
-  No bye to the final.
-  Re introduction of a shield competition.
-  No night games (if possible)



Adult Club Leagues, 2017

- Division 1 – 9 teams (8 games)
- Division 2 – 8 teams (7 games)
- Division 3 – 8 teams (7 games)

- *There is no relegation in league competition at present. League status is based on championship status, however you can play in a League Higher than your championship status.



Adult Club Championship, 2017

- Senior - 8 teams
 - Intermediate - 8 teams
 - Junior - 10 teams (Possibly 11)
-
- Senior and Intermediate are played on the same format.
 - Junior Hurling is similar to Junior Football (2 groups)
 - All teams will have a minimum of 4 Championship matches.



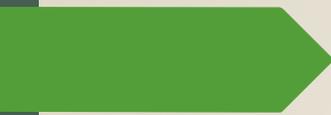
Adult Club Championship, 2017

- Promotion/Relegation
- We are currently in year 3 of the promotion relegation agreement with the CCC.
- Under the current rules, a team that wins the Junior or Intermediate Championship have to play against the loser of the relegation in the grade above to be promoted.

Senior County

Allianz Hurling League Roinn 2A

Pos	Team	P	W	D	L	F	A	Pts
1	Carlow	5	3	2	0	127	82	8
2	Antrim	5	3	1	1	102	88	7
3	Kildare	5	3	1	1	104	94	7
4	Westmeath	5	3	0	2	112	82	6
5	London	5	0	1	4	75	117	1
6	Armagh	5	0	1	4	78	135	1



Senior County

- Aims for 2018

- Push for a league Final appearance again.

- Win the Christy Ring.

- Joe Quaid will be entering year 3 of his term.

Progress





Progress



- Haven Hire are on board as sponsors for the Hurling Championships from Minor to Senior until 2019.
- Celbridge getting to the Leinster Club Final 2016.
- The Minor team winning the Leinster Minor Hurling League 2017.
- The Senior Hurling team performances in the Allianz League

Club Feedback

- Something that you see is working well within our current structures?
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