



An Introduction to Games

GAA Coach Education Foundation Award



An Introduction to Games - Outcomes

By the end of the session participants will be able to:

- Identify the 3 different types of games – Fun Games, Modified Games and Full Games
- Identify key factors which can be altered to modify a game
- Organise a game appropriate to Children, Youths or Adults

What do you think of when

Youths

es?



How can Games be used in Coaching?

- Warm Ups
- Skill Development
- Developing playing positional skills
- Practicing puck outs, free pucks, 65's
- Other reasons?

Different types of Games?

- Fun Games
 - Target, Court, Field - Non-Invasive
 - Ideal for Warm Up or practicing skill development
- Modified Games
 - Modified Playing Rules, Playing Numbers, Playing Area, Equipment
- Full Games
 - 15 a side, Normal Rules

Different types of Games?

- Fun Games
 - Ideal for Warm Up or practicing skill development



Different types of Games?

- Modified Games
 - Modified Playing Rules, Playing Numbers, Playing Area, Equipment

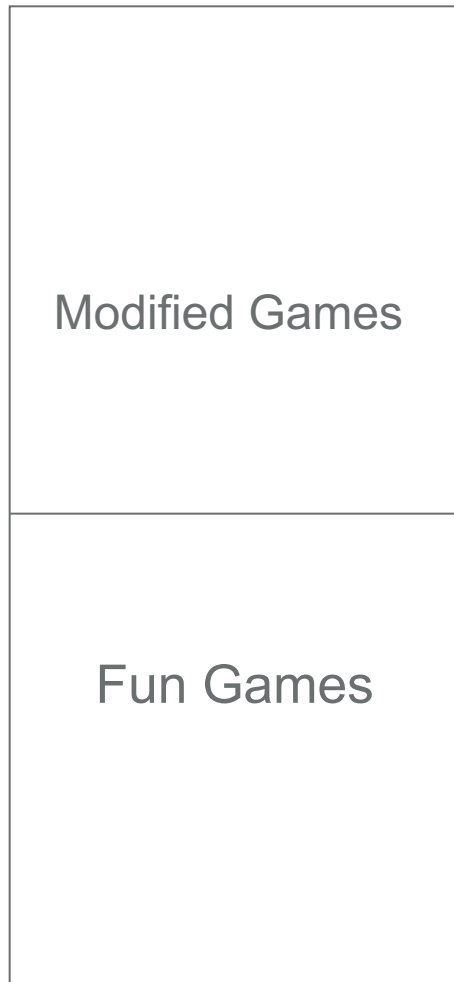


Different types of Games?

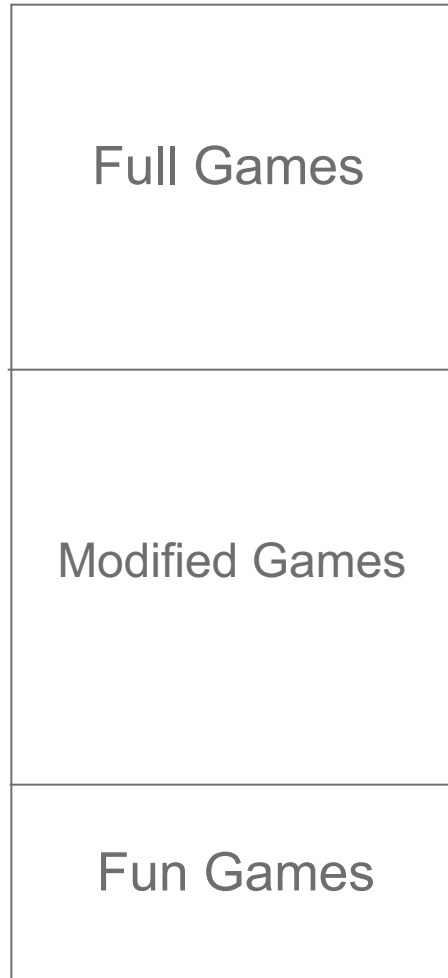
- Full Games
 - 15 a side, Normal Rules



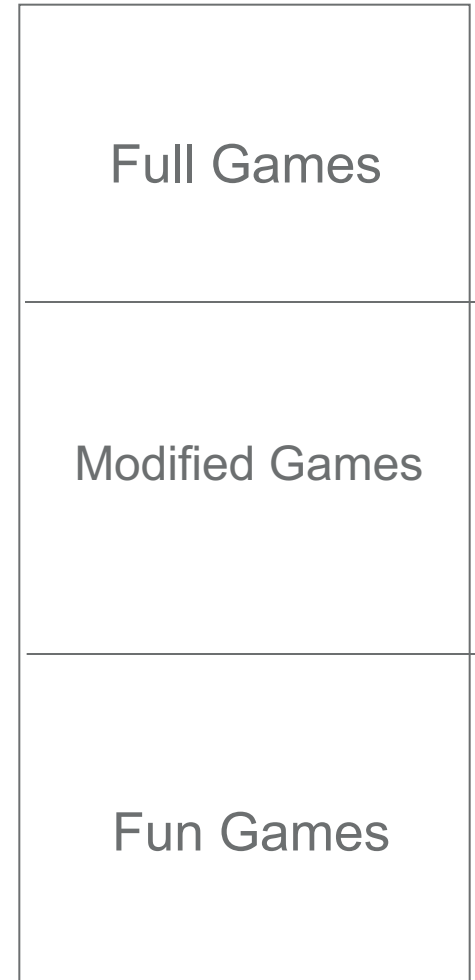
Games for Players



Children



Adults



Youths

*What are these
players thinking?*

'I wonder
will the ball
ever come
up again'?

'What a
lovely day
mister'

'I don't
think
so'

**An Underage
15 Aside Game**

How can we Modify Games?

- **S - Space**
- **T – Time/Task**
- **E – Equipment**
- **P – Personnel**

Organising Games

- In Groups take the Games Cards. Task is to set up, demonstrate and organise activities from the Games Card for one of the following type of Games:
- Fun Games
- Modified Games
- Full Games



An Introduction to Games – Outcomes Review

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- Identify the different types of games – Fun Games, Modified Games and Full Games
- Identify key factors which can be altered to modify a game
- Organise a game appropriate to Children, Youths or Adults

Thank you

